

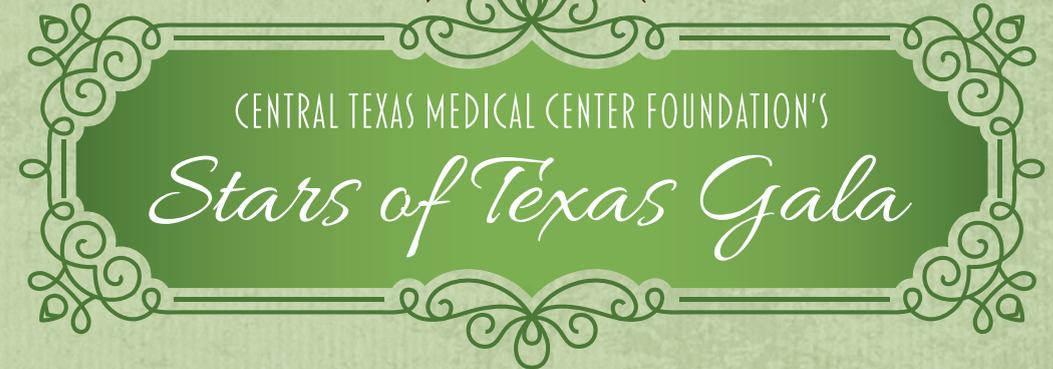
Gala Committee

*Jerilyn Miller, Foundation Director • Jackie Arredondo • Melissa Burkhart
Kathleen Chomel • Sue Diegelman • Belinda Gardner • Jan Knott
Jessica Lee Sang • Teresa Weaver • Matt Worthington*

Special Thanks To

*Special thanks to Gloria Gutierrez, Daniel Guerrero - Master of Ceremonies,
Texas State University Air Force ROTC and Texas State University Jazz Studies Combo.*

24TH ANNUAL



Benefitting Orthopedic Surgery at Central Texas Medical Center
Sunday, October 8, 2017 • Embassy Suites Hotel, Spa & Conference Center





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CENTRAL TEXAS MEDICAL CENTER
Foundation

The Central Texas Medical Center Foundation was formed in 1982 for the sole purpose of financially supporting Central Texas Medical Center's healing ministry. Through your support, you help us expand our community based health care. On behalf of the Central Texas Medical Center Foundation Board of Directors, thank you for supporting our mission with your attendance this evening and for your generous contributions. We are proud to be the medical provider for Hays County. Thank you for partnering with us.





The Evening

Social Hour
 Welcome
 Master of Ceremonies - Daniel Guerrero
 Invocation
 Tribute to CTMC nurses with 25 plus years of service
 Silent Auction
 Entertainment by Herman's Hermits featuring Peter Noone

Dinner Menu

Texas Field Greens with a Goat Cheese Medallion, Candied Pecans and Yellow Plum Tomatoes, served with Ranch Dressing and Candied Pear Vinaigrette

Duo of Grilled Filet of Beef with an Herb Butter Compote and Mahi Mahi with a Brown Sugar and Soy Glaze and served with a Teriyaki Wasabi au jus

Served with Polenta Cake with Sundried Tomato, Gorgonzola and Fresh Basil Sautéed Julienned Fresh Vegetables

Blueberry Cheesecake
 White and Dark Chocolate Mousse Cake

Vegeterian Option - Baked Tofu Steak prepared with a Brown Sugar and Soy Glaze and served with a Teriyaki Wasabi au jus



of hospitals, nursing homes and clinics around the world.

AHS mission statement as extending the healing ministry of Christ.

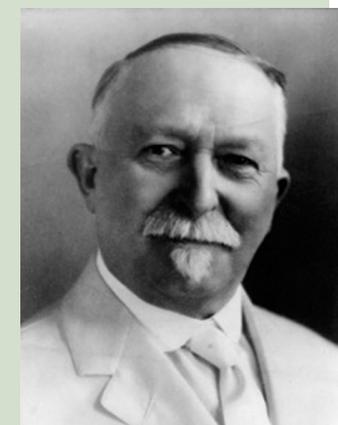
The Adventist Health System, a legacy of that movement, was founded in 1973. Today it is a national leader in quality, safety and patient satisfaction, comprised of 45 hospital campuses and nearly 80,000 employees. Central Texas Medical Center is one of those campuses.

Today AHS continues the tradition of whole-person care by practicing and sharing CREATION Health, a blueprint for living a happy, healthy life based on the principles given in the Bible's creation story: Choice, Rest, Environment, Activity, Trust, Interpersonal Relationships, Outlook and Nutrition.

The Adventist health philosophy promotes a vegetarian lifestyle, spiritual care and the idea that caring for our bodies honors our Creator. This is expressed in the

Central Texas Medical Center operates a CREATION Health Institute to promote these health tenets.

J. Harvey Kellogg



Dr. John Harvey Kellogg was a surgeon, physician and avid health reformer, who directed the Adventist sanitarium in Battle Creek using holistic methods. He was a pioneer for healthcare based on nutrition, exercise and preventive living. Many of the principles Kellogg espoused live on today through the Adventist Health System hospitals and CREATION Health programs.

Dr. Kellogg is best known for the invention of the famous breakfast cereal, Corn Flakes, in 1878. His goal was to provide his patients with an alternative to fatty meat products for breakfast. Kellogg also manufactured 'nut paste' or peanut butter to add another protein source to the American diet.



Adventist Health System: A Legacy of Health Innovation



*Battle Creek Sanitarium
Michigan, 1886*



As the Civil War ended and the country turned its thoughts to unity and life, medical pioneers of the Seventh-day Adventist Church established an innovative health care program in Battle Creek, Michigan. The year was 1866 and these medical pioneers were looking to transform medical treatments and health care.

During a time when many medical treatments were as harmful as the diseases they were intended to cure, these innovators taught patients about good nutrition, exercise and hygiene. Sunshine and glasses of water replaced dark, stuffy rooms and blood-letting.

It was a place where each person was valued



Their commitment and philosophy of those pioneers continue today in hundreds

as a creation of God, and where caregivers created a healing environment focused on providing extraordinary whole-person care. The sanitarium became a destination for both prominent and middle-class American citizens. Celebrated American figures who visited the sanitarium (including Mary Todd Lincoln and Sojourner Truth) influenced and encouraged enthusiasm for health and wellness among the general population.

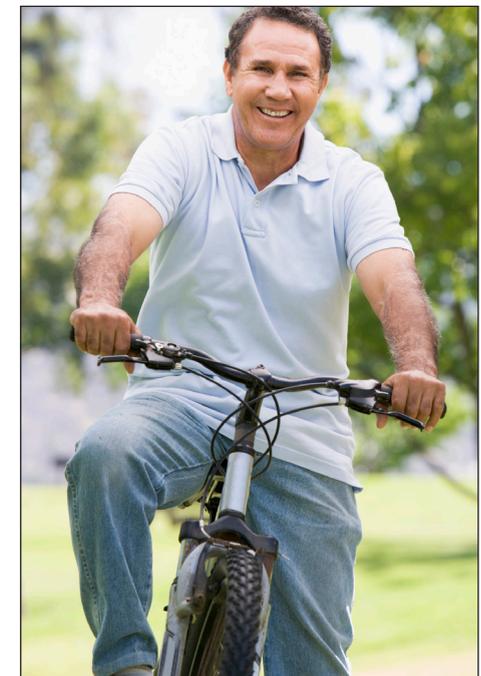
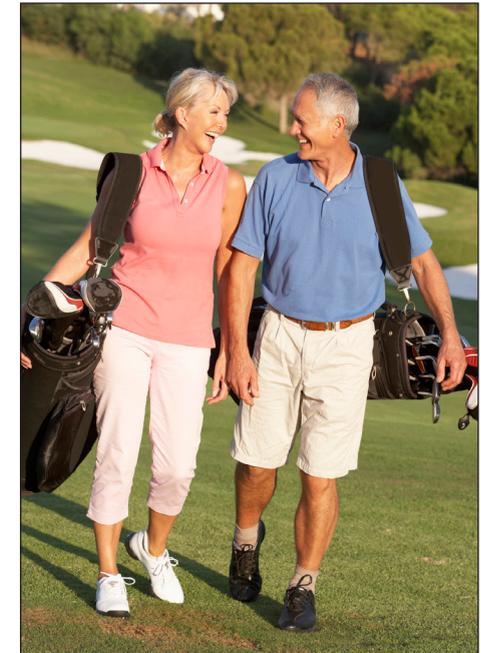
Battle Creek Sanitarium became the 'in' place for these people to seek their lost health, to listen to health lectures and to learn and practice the principles of a healthy lifestyle.

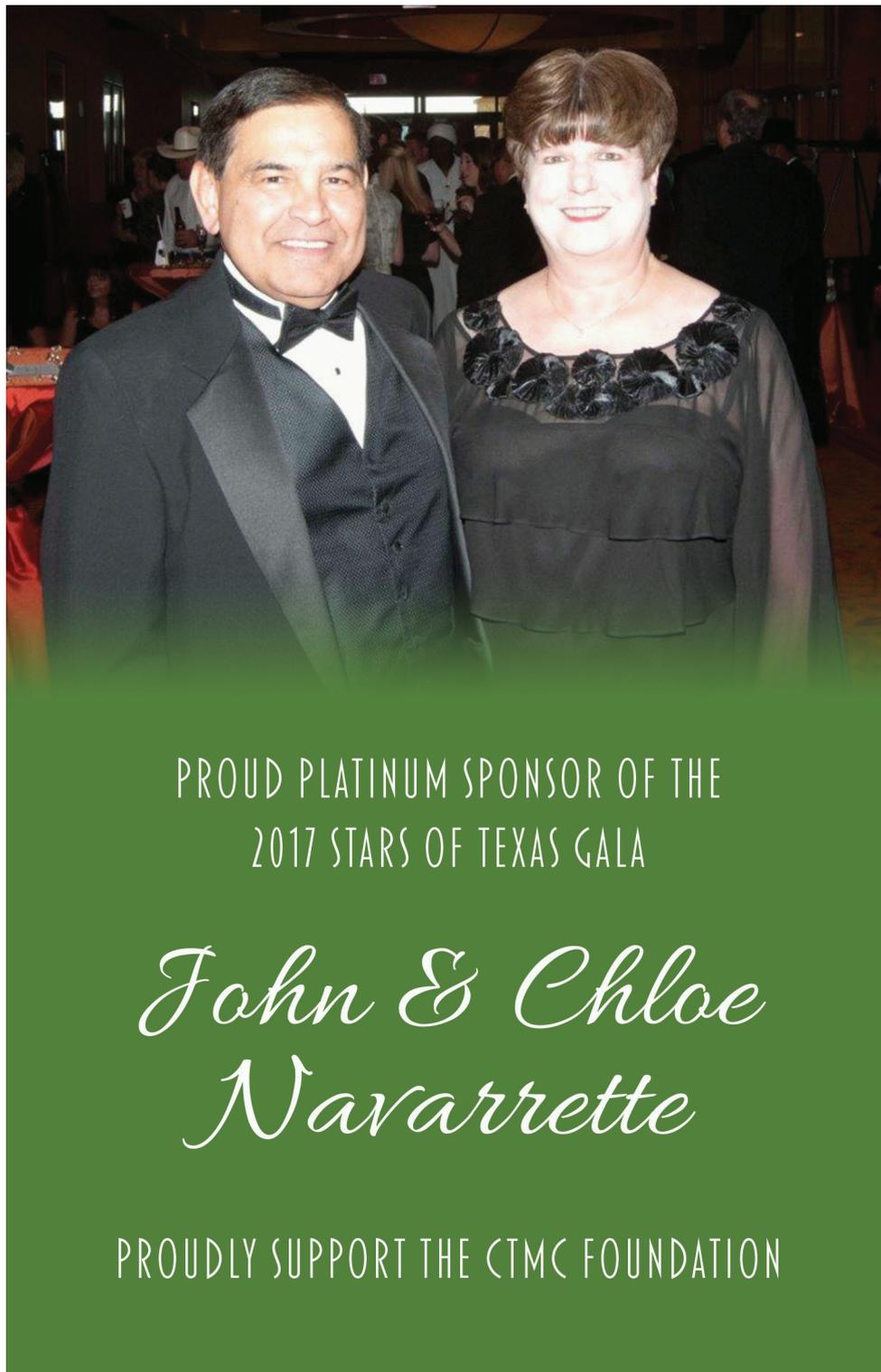
Benefitting Orthopedic Services

As our area grows, so does the need for specialty care services. CTMC's desire is to help the community develop a healthy lifestyle to protect bones, joints and muscles from disease or injury. When an injury does occur, we want to be equipped and prepared to meet each need locally through conservative treatments and, when necessary, surgical intervention.

During the past several years, CTMC has worked to expand its specialty care services, including orthopedic offerings. The hospital has several orthopedic surgeons on its medical staff, offering advanced procedures such as shoulder and knee arthroscopies and minimally invasive anterior hip replacements. CTMC also recently partnered with a spine surgeon to offer the full spectrum of spine care.

CTMC looks forward to expanding its orthopedic efforts, and the hospital thanks all of the donors who help make advancements such as this possible. Thank you for showing your support by attending this year's Stars of Texas Gala!





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Entertainment by Herman's Hermits Featuring Peter Noone

Peter Blair Denis Bernard Noone is a multi-talented entertainer, who has been delighting audiences nearly all his life. He was born in Manchester, England, where he studied voice and acting at St. Bede's College and the Manchester School of Music and Drama. As a child, he played "Stanley Fairclough" in the long-running British soap opera Coronation Street. He was also featured in the television series Knight Errant, Family Solicitor and Monro's Saki Stories.

At the age of fifteen, Peter achieved international fame as "Herman," lead singer of the legendary pop band Herman's Hermits. His classic hits include: "I'm Into Something Good," "Mrs. Brown," "You've Got A Lovely Daughter," "I'm Henry VIII, I Am," "Wonderful World" and "Dandy." Herman's Hermits has sold over fifty-two million recordings. In all, 14 singles and seven albums went gold.

Peter has performed on hundreds of television shows and appeared with such luminaries as Ed Sullivan, Jackie Gleason, Dean Martin and Danny Kaye. He was cast as the engaging "Duke of Cheshire"



in ABC's musical version of The Canterville Ghost. Soon after, he portrayed the title role in Hallmark Hall of Fame's Pinocchio. He also starred in three highly successful feature films for M-G-M and several other high-profile acting roles. Peter's acting career flourished with guest-starring roles in prime-time television series such as: Married With Children, My Two Dads, Dave's World, Easy Street, Too Close For Comfort, and Laverne and Shirley.



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**CENTRAL TEXAS
MEDICAL OFFERINGS**



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Newly Constructed Medical and Office
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Sadler East
Phase 2

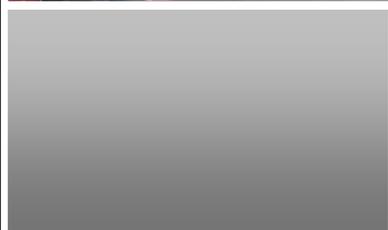
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Delivering Exceptional Quality Medical/Office Space To Better Serve Your Needs



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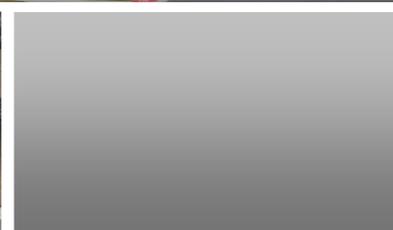
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Our special appreciation to

Mr. Tommy Foote

*for his years of support.
We're proud to call him
a friend of CTMC!*



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Daniel Guerrero: Master of Ceremonies

A native of San Marcos, Daniel Guerrero is a graduate of San Marcos High School and Texas State University. He earned a graduate degree in Organizational Leadership and Ethics from St. Edward's University and multiple certifications from Austin Community College.



economic development, increased investments in infrastructure and public safety, and helped introduce the Greater San Marcos and Central Texas region to the world as an influential contributor in the global marketplace.

Daniel currently serves as the Director for Special Programs and Chief of Mission for the Virtual Trade Mission

Foundation whose mission is to introduce young leaders to a network of global thought leaders from throughout the world through international immersion experiences. Daniel currently serves as Texas State University's Assistant Dean of Students for Student Development and Leadership Programs where his team works to cultivate the next generation of Bobcat leaders through collaborative relationships with domestic and international leaders in business, government, technology, education, art and nonprofit philanthropy.

Following his graduation from Texas State University, Daniel went on to serve as the executive director of INROADS/Central Texas, Inc. where he oversaw the professional and career development of university students as they transitioned from student internships into global business leadership roles. He has also served as the executive director of the San Marcos Education Foundation, and as a business development consultant for J.L. Powers and Associates.

In addition to his career roles, Daniel has served his hometown as a city council member from 2004-2008 and was elected Mayor from 2010-2016. During his time in office, San Marcos was recognized as the Fastest Growing City in the United States, saw significant growth in

In his spare time, Daniel serves on the Ki Charter School Board of Trustees, Salvation Army Board of Directors, enjoys traveling the world and spending time with his rescue dogs, Milly and Autumn!



Honoring nurses with 25+ years of service



Dolores Quintanilla
ADN, RN
Women's Center
39 years of service



Patrice Meany
BSN, RNC-OB
Women's Center
38 years of service



Julie Veidt
ADN, RN
Nursing Administration
35 years of service



Sharon Ash
BSN, RN
Surgery Department
34 years of service



Bobbie Finn
BSN, RN
Surgery Department
34 years of service



Sherry McCoy
BSN, CCRN
Surgery Department
34 years of service



Vera Serrano
LVN
Auditing
34 years of service



Denise Cagle
ADN, RN
Women's Center
32 years of service



Janie Mott
ADN, RN, CA-CP, SANE
Women's Center
29 years of service



Anna Flores
ADN, RN, CEN
Emergency Department
27 years of service



Wendy Brown
ADN, RN
Emergency Department
27 years of service



Cathy Forssell
ADN, RN
Surgery Department
26 years of service



Janie Aguilar
LVN
Women's Center
25 years of service



Crystal Pilus
LVN
Emergency Department
25 years of service



*"But you, take courage! Do not let your hands be weak,
for your work shall be rewarded." - 2 Chronicles 15:7*



National Nurses Day is celebrated annually on May 6 to raise awareness of the important role nurses play in society. It marks the beginning of National Nurses Week, which ends on May 12, the birthday of Florence Nightingale (1820-1910). The English nurse became known as the founder of professional nursing, especially due to her pioneering work during the Crimean War (1853-1856). Due to her habit of making rounds at night, Nightingale became known as "The Lady with the Lamp". National Nurses Week was first observed in October 1954, the 100th anniversary of Nightingale's mission to Crimea. May 6 was introduced as the date for the observance in 1982. We are grateful and honored to pay special tribute to fourteen women that have provided excellent patient care for a combined total of 439 years of service and dedication to Central Texas Medical Center.